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*A couple of years ago I moved from the northeast to the south. The change in climate has been a huge adjustment for me. When I expect it to be cold, it's hot. When I expect it to be hot, it's even hotter. Abundant air conditioning in the summertime makes indoor temperatures just as extreme. Lightweight yarn makes these armwarmers perfect to wear with a t-shirt and a light jacket on a changeable winter day or to wear indoors at the height of air-conditioned summer. Whether you want to get warm or look cool, these armwarmers are perfect!*

# austin

## { ARMWARMERS }

### CONSTRUCTION NOTES

These armwarmers are really just long, skinny tubes with ribbing at either end. They are a great warm-up for knitting more complicated in-the-round projects, like socks. Knitting the first few rounds takes concentration, but after an inch or two, it's pretty effortless.

### MEASUREMENTS

PATTERN AS GIVEN IS 17" (43CM) IN LENGTH, 6" (16CM) AROUND WRIST, AND 10" (25CM) AROUND UPPER ARM

### YARN

- 1 skein Lorna's Laces Shepherd Sport #38 Mixed Berry (MC)
- 1 skein Lorna's Laces Shepherd Sport #45 Cranberry (CC)

### NEEDLES

size US 3 (3.25mm) double-pointed needles (dpn)

size US 2 (2.75mm) dpn (optional)

*If necessary, change needle size to obtain correct gauge.*

### GAUGE

28 sts and 36 rows = 4" (10cm) in slightly stretched k2, p2 rib on size 3 (3.25mm) needles



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## ARMWARMERS

### WRIST CUFF

CO 44 sts with CC and size US 3 (3.25mm) dpn. Divide sts evenly over four needles and join, taking care not to twist sts. You may pm to mark beg of rnd, or use the tail from the cast on as a marker. Work in k2, p2 rib for 6" (15cm).

### MIDSECTION

At beg of next rnd, switch to MC and reverse rib by working in p2, k2 rib. Work straight for 6 rnds.

### BEGIN INCREASES

Inc 1 st at beg and end of next rnd and every foll seventh rnd 11 times (68 sts), working inc into pattern. At the same time, when piece measures 14" (36cm) from cast-on edge, change to CC and reverse rib by working in k2, p2 rib.

### UPPER ARM CUFF

When inc are complete, cont straight until armwarmer measures 17" (43cm) from cast-on edge. Bind off all sts and weave in ends. If desired, you may work the final ½" (1cm) of the upper arm cuff with size US 2 (2.75mm) dpn to make the ribbing a little tighter.

## NOTES: *personalizing your fit*

If you'd like to tailor your armwarmers to fit the exact dimensions of your arms, follow these simple calculations.

### NUMBER OF STITCHES TO CAST ON FOR WRIST

Circumference around wrist bone + ½" (1cm) = A

Number of sts per inch x A = B

Round this sum up so it is divisible by 4.

**B IS THE NUMBER OF STITCHES TO CAST ON.**

### NUMBER OF STITCHES TO ACCOMMODATE UPPER ARM

Circumference of elbow (with arm outstretched) + ½" (1cm) = C

Number of stitches per inch x C = D

Round this sum up so it is divisible by 4.

**D IS THE NUMBER OF STS NEEDED TO ACCOMMODATE UPPER ARM.**

### NUMBER OF INCREASE ROUNDS TO BE WORKED

$D - B / 2 = E$

**E IS THE NUMBER OF INCREASE ROUNDS TO BE WORKED.**

Remember, you may need additional yarn if your armwarmers are larger than the size given in the pattern.

## NOTES: *casting on with double-pointed needles*

If one of your double-pointed needles can accommodate the full number of stitches, cast all of the stitches onto one needle. If your needles are shorter, you may opt to cast all of the stitches onto one longer straight needle. Once all of the stitches have been cast on, divide them evenly between four of the dpn. To divide the stitches, hold the needle with the cast-on stitches in your left hand, as if to knit. Using a dpn, insert the tip of the needle into the first stitch as if to purl. Slip the stitch to the right-hand needle. Continue to slip stitches as if to purl until there are 11 stitches on each of four needles. The remaining dpn is for knitting. See page 47 for an illustration of connecting stitches for working in the round with double-pointed needles.



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