

# FOLDING JOURNAL



## TOOLS AND MATERIALS

basic tool kit (page 8)

brads

marker

### FOLDING CASE

six  $4\frac{1}{2}'' \times 5''$  (11.4cm  $\times$  12.7cm)  
pieces of matboard (grain long)

### COVER PAPERS FOR

#### FOLDING CASE

two  $6'' \times 6\frac{1}{2}''$  (15.2cm  $\times$  16.5cm)  
pieces of decorative paper  
(grain long)

### PORTFOLIOS

two  $8\frac{1}{2}'' \times 11''$  (21.6cm  $\times$  27.9cm)  
pieces of cardstock (grain short)

### SMALL BOOK COVERS

two  $3\frac{1}{4}'' \times 7''$  (7.9cm  $\times$  17.8cm)  
pieces of cardstock (grain short)

### PAGES FOR SMALL BOOKS

four  $5\frac{3}{4}'' \times 6\frac{3}{4}''$  (14.6cm  $\times$  17.1cm)  
pieces of text paper (grain short)

### JOURNAL COVER

$4\frac{1}{8}'' \times 8\frac{1}{2}''$  (12.1cm  $\times$  21.6cm)  
piece of cardstock (grain short)

### PAGES FOR JOURNAL

three  $8\frac{1}{2}'' \times 9''$  (20.6cm  $\times$  22.9cm)  
pieces of text paper (grain long)

### HINGE

$1\frac{1}{2}'' \times 4\frac{1}{2}''$  (3.8cm  $\times$  11.4cm) piece  
of cardstock (grain long)

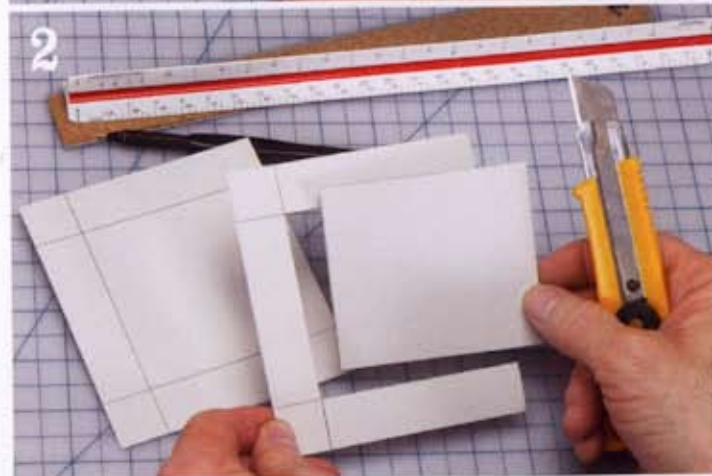
>> THE FOLDING JOURNAL HAS EVERYTHING YOU NEED in a compact travel companion—one removable journal, two portfolios for tickets and receipts, and two small books tucked into side pockets to record travel expenses and addresses of the new friends you meet on your adventures. It folds in half to easily fit inside your purse, shoulder bag or backpack. It is easy to make, so don't leave home without one!

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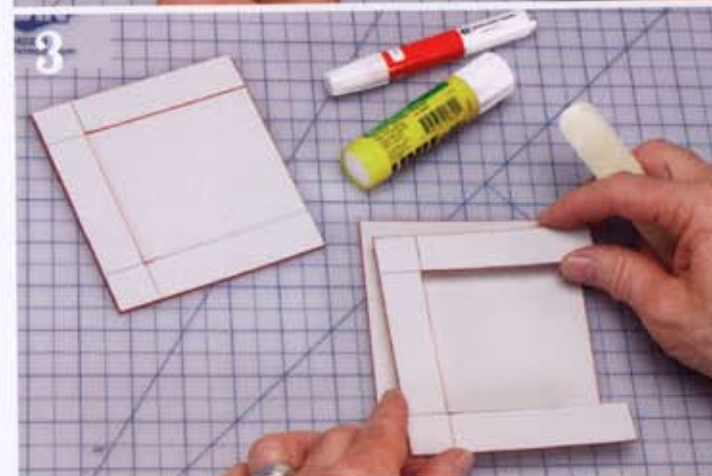
### 1 COVER BOARDS

Cover two matboard rectangles for the folding case with decorative cover papers (for instructions, see pages 13–14). Do not line these boards.



### 2 CUT REMAINING MATBOARD

Place one uncovered matboard rectangle in a vertical position. Draw horizontal lines  $\frac{7}{8}$ " (22mm) from the top and bottom edges and a vertical line  $\frac{7}{8}$ " (22mm) from the left edge. Cut out and recycle the center section. Repeat the process with one more uncovered matboard rectangle.



### 3 DYE AND GLUE MATBOARD PIECES

Use a marker to dye all the edges of the four uncovered matboard pieces, including the inside edges on the C-shaped pieces cut in step 2. Glue the C-shaped pieces to the plain matboard rectangles and burnish.



### 4 GLUE COVERS TO MATBOARD UNITS

Place one C-shape with the opening facing right and the other C-shape below it with the opening facing left. Spread craft glue or PVA over the top C-shape. Place the unlined side of one covered matboard on top of the C-shape, square up and burnish. Place under a weight for a few minutes until the glue is dry. Repeat the process with the remaining (bottom) C-shape.



### 5 CREATE FIRST PORTFOLIO

Place one sheet of portfolio cardstock facedown in a vertical position. Draw vertical lines 2" (5.1cm) and  $6\frac{1}{2}$ " (16.5cm) from the left edge. Then, draw horizontal lines  $1\frac{3}{4}$ " (4.4cm) and  $6\frac{3}{4}$ " (17.1cm) down from the top edge. Cut out the corners and shape the flaps. Trace the portfolio shape to a second sheet of cardstock and cut out. Valley score, fold and crease four lines on each portfolio, then erase the pencil lines. Decorate portfolios as desired.



## 6 CREATE AND ATTACH HINGE

Place hinge cardstock faceup in a vertical position and valley score, fold and crease down the center. Butt matboard units together with the pocket in the top unit facing right and the pocket in the bottom unit facing left. Run a glue stick or brush PVA over the back of the hinge and attach it directly over the seam where the covers meet. Close the covers and square up if necessary. Open the covers and burnish the hinge to the covers.



## 7 ATTACH PORTFOLIOS

Flip the hinged matboard units over and place them on your work surface with the top pocket facing left and the bottom pocket facing right. Close the four flaps on one portfolio and run a glue stick or brush PVA over the back surface. Attach the portfolio to the upper matboard unit with the small flap at the top. Burnish. Attach the second portfolio to the lower matboard unit with the small flap at the bottom. Burnish. Set aside.



## 8 CREATE JOURNAL

Cut out the cover and page components for the journal. Valley score the cover down the center on the inside surface, then fold and crease the score. Cut text papers in half horizontally, fold each piece in half, and stack all six folios inside each other to make a 24-page section. Sew the section to the cover, with the knot on the inside (for instructions, see page 15).

## 9 CREATE SMALL BOOKS

Cut out the covers and page components for the two small books. Valley score each cover down the center, then fold and crease the scores. Cut page papers in half horizontally, fold each piece in half, and make two sections of four folios each. Center one section inside one cover and pierce three holes. Sew the section to the cover, with the knot on the outside (for instructions, see page 15). Repeat with the second cover and section. Decorate the covers if desired.



### 10 ADD TWO-BUTTON TIE

Add buttons to the flaps on each portfolio and tie a sturdy string behind one button (for instructions on making button-tie closures, see page 23).



### 11 INSERT JOURNAL

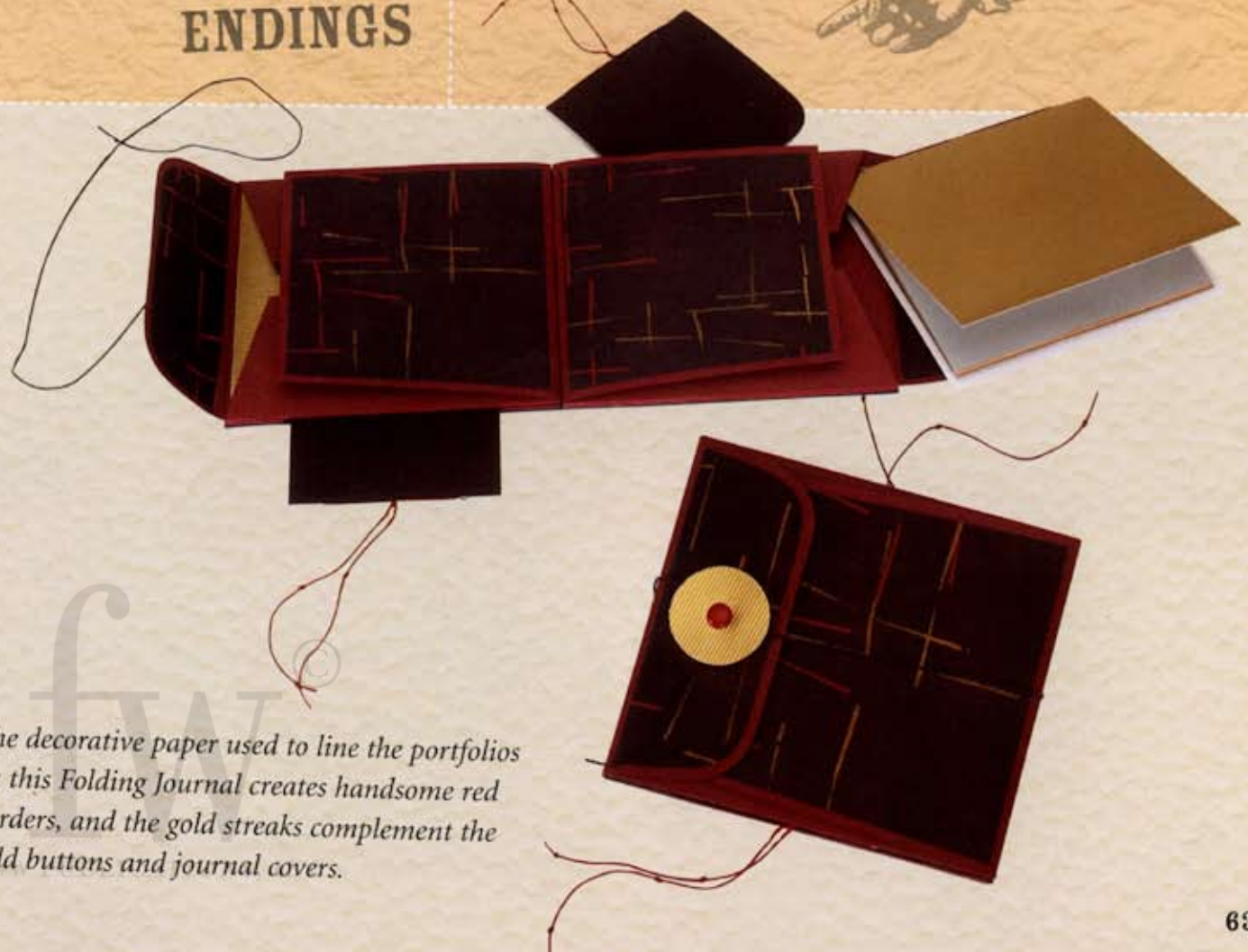
Insert the journal inside one of the portfolios.



### 12 INSERT SMALL BOOKS

Close both portfolios and fold the case in half. Wrap string around the case and each button to keep the case closed. Insert the two small books into the side pockets on the case.

## ALTERNATE ENDINGS



*The decorative paper used to line the portfolios on this Folding Journal creates handsome red borders, and the gold streaks complement the gold buttons and journal covers.*